

Would your School or Club benefit from a '*Skills Clinic*' delivered by The Rugby Doctor..?

Rugby was once famously described as 'a thug's game played by gentlemen'. On closer inspection it can be seen that rugby encourages the development of essential core personal qualities including control, self-discipline, respect, camaraderie and bravery.

Variants of the game allow players of all ages to derive benefit and enjoyment, in a safe and appropriate format, from what is perhaps the greatest of all team-sports.

Designing bespoke '*Skills Clinics*' for schools and clubs The Rugby Doctor will deliver rugby tuition which places considerable emphasis on personal development and a rugby education.

The Rugby Doctor will work closely with participants over the course of the programme, providing feedback along the way, to improve their rugby performance and to provide them with a memorable rugby experience...



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